

AT A GLANCE

Please see page 2 for Detailed Registration Information

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-10:00 am						Gym Jam
9:00-10:15 am				Games Galore	Tots of Fun	
9:30-11:00 am	Free 2 B 3	Terrific 2 B 2	Little One's Playtime Kids Crazy Combo			
9:30-11:30 am				Jump and Jive Exciting Experiments		Crafty Cooks
12:45-2:45 pm		Crafty Athletes				
1:00-2:30 pm	Junior Gymnastics		Fit 'N Fun	Mini Sports & Games		
1:30-3:00 pm				Well Baby Drop-in		
2:00-3:00 pm				Mom & Baby Pilates		

PRESCHOOL - PARENT AND ME
The following are adult participation programs. Younger preschoolers come to the class with a parent or caregiver, who joins in the good times as well. Small babies are also welcome (under 9 months by the end of the session). Please indicate the baby's name and birth date on their sibling's registration form. No strollers permitted in program rooms.

Well Baby Drop-in (Newborn to 3 months with Adult)

Drop in, have your baby weighed and discuss a variety of infant issues with your local public health nurse.

Little One's Playtime (12 months – 2 1/2 years with Adult)

In this playgroup, toddlers and adults share an enjoyable time together. Children meet others their own age and learn through play. Highlights include free play, art activities, songs and stories. A snack is provided.

Jump and Jive (1 to 2 ½ years with Adult)
Moving and dancing is what this new program is all about. Children get a chance to take over the gym and shake all those sillies out. Each class involves songs, gross motor play, and games that will be sure to prepare your little one for nap time.

Terrific 2 B 2 (2 years with Adult)
This is a special time for your terrific two-year-old. Let your child enjoy a morning of fun and activity through cooperative games, circle time, art activities and messy play. A snack is provided. Parents are encouraged to participate. It's great fun for all.

Tots of Fun (2 – 3 1/2 years with Adult)
This busy program is a real pleaser for energetic preschoolers. The diverse, fun-filled program offers such activities as free play, art, songs and stories. Then it's time for games, parachute play, movement activities and much more. A snack is provided.

Mom & Baby Pilates
This class will combine segments of cardiovascular and muscular training as well as a core conditioning component. This is a great way to meet other Moms in the neighbourhood.

Gym Jam (2 - 3 years with Adult)
Take advantage of some quality time in the gym with your little one. Preschool gross

motor toys and activities are set up in our large gym and children are free to roam around and use up that extra weekend energy. This is a great unstructured program that allows parents to chat and make new friends while the children play.

PRESCHOOL - ON MY OWN

Drop-off Programs: Parents are welcome to wait in our lobby area during program time. Participants should meet age requirements before the half-way mark of the program. Please include any health considerations, such as allergies, on your child's registration form, and feel free to let us know if you have any concerns or comments throughout the session. Children must be toilet trained.

Free 2 Be 3 (3 year olds)

This program is designed for 3 year-olds who have never been in a drop-off program. The children will be introduced to songs, stories, crafts, parachute play and much, much more. No class on Monday, February 20th (Family Day)

Kids Crazy Combo (3 - 5 years)

For those who like a variety of fun filled activities, we bring you Kids Crazy Combo. Each week children will participate in a wide range of activities including games, crafts, puppets, stories and much more!

Crafty Athletes (3 - 5 years)

This favourite program combines creativity with exercise. Crafty Athletes encourages preschoolers to explore art activities and enjoy free play with friends. The group then gets active with energetic games. A snack is provided.

Fit 'N Fun (3 - 5 years)

Fit 'N Fun is a great gym program just for 3 to 5 year-olds! Children run, throw, catch and jump as they participate in a wide variety of activities. In addition to learning these building blocks of sport, they are introduced to some basic gymnastic skills such as tumbling, balancing and stretching. The class ends with relaxation exercises and quiet activities making them ready for naptime. A snack is not provided.

Mini Sports & Game Stars (3 - 5 years)

Children will learn new skills as they discover the ins and outs of a variety of sports. On top of that the children will also have a chance to learn teamwork by playing cooperative games. A snack is not provided.

Junior Gymnastics (3 - 5 years)

This favourite program is a great introduction to gymnastics. Children will learn developmentally appropriate gymnastic skills while using a variety of equipment in a safe environment. Our instructors make this program great by introducing gross motor skills in a fun way. No class on Monday, February 20th (Family Day)

Games Galore (3 - 5 years)

Learn new group games and get introduced to new sports each week in this gym program. Classes begin with a stretching period where children loosen up before jumping into active games. After some time of playing mini games, children are introduced to a new sport by learning some of the basic skills and playing games based upon that sport.

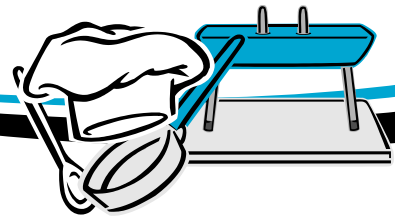
Crafty Cooks (3 - 5 years)

Greenboro is the place to be on Saturday morning. Make amazing creations in both art and cooking form. Each week the children will work on learning new culinary skills and becoming little Picassos.

E² = Exciting Experiments (3 - 5 years)

Discover science in a fun way and learn about the world around you. Each week we will attempt many new experiments in a hand-on way in order to build a keen interest in science. Get ready to be amazed!





Preschool Specialty
Workshop Programs
(Ages 3 - 5)

Gingerbread Cottages

Come in my pretties and build your own gingerbread cottage with sweets, candies and a generous amount of imagination.

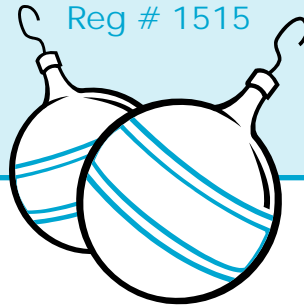
Thursday, December 8
12:45 - 2:45 pm
\$25 (includes supplies)
Reg # 1516



Christmas Decorations

Get your tree ready by creating great new decorations. Make long lasting ornaments that can be used year after year.

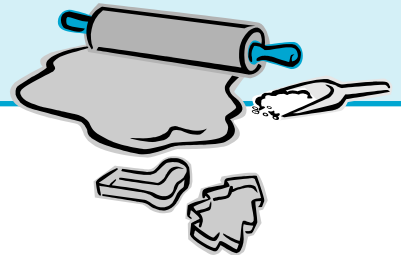
Tuesday, December 6
12:45 - 2:45 pm
\$25 (includes supplies)
Reg # 1515



Sugar & Spice & All Things Nice

Come spend a delicious morning with Mary baking yummy Christmas cookies and other tasty treats that you can share with your parents and siblings.

Tuesday, December 13
9:15 - 11:15 am
\$25 (includes supplies)
Reg # 1517



ADVERTISERS!

Get your message out... with the GCCA Quarterly Program Guide

- GCCA is a non-profit association Distribution of 6,000 Program Guides through 5 neighbourhood schools & the Greenboro Community Centre
- Programs for Pre-Schoolers, Seniors & everyone in between
- Nearly 3,000 participants per program session

Ad Size	Rate
Business Card	\$100 +tax
½ Page	\$250 +tax
Full Page	\$500 +tax
Back Page (Full) (subject to availability)	\$600 +tax

Deadline for the Spring/Summer Session is January 30th for Distribution February 27th.

For further information contact the Greenboro Community Centre (613) 580-2805

Gymnasium
FOR RENT

We have a well equipped gymnasium available to rent for sports activities, located right in your neighbourhood, and at affordable prices. (Limited space available)

Call us for details
613-580-2424 ext. 32656