

PRESCHOOL

Registration begins Wednesday August 17, at 6:00 pm and is ongoing.

We allow each family to register one other family.

Greenboro offers a diverse range of fun-filled recreational activities for preschoolers, all special in their own way so you can find the right one for you and your child.

Children must be between the ages indicated for each program. Our activities are for specific stages of development, and children will benefit most from activities intended for their age group. Birth certificates may be required.

Snack Policy: Greenboro provides a simple snack of juice and cookies for programs that are two hours or longer. Parents are asked NOT to bring in snacks. Please note that the Centre has a Nut-Free Policy in effect due to potential allergy risks. For all drop-off programs, **children must be toilet trained.**

Preschool at a Glance

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Free 2 B 3 9:15 - 11:15 am	Terrific 2 B 2 9:15 - 11:15 am	Little One's Playtime 9:15 - 11:15 am	Exciting Experiments 9:15 - 11:15 am	Tots of Fun 9:15 - 11:15 am	Tiny Tumblers 9:00 - 10:00 am Floor Hockey 9:00 - 10:00 am
	Treats and Feats 9:15 - 10:15 am	Kids Crazy Combo 9:15 - 11:15 am	Games Galore 9:15 - 10:15 am		Busy Buddies 9:30 - 11:30 am
Junior Gymnastics 1:00 - 2:30 pm	Crafty Athletes 12:45 - 2:45 pm	Fit 'N Fun 1:00 - 2:30 pm	Mini Sports & Games 1:00 - 2:30 pm		
			Well Baby Drop-in 1:30 - 3:00 pm		
			Mom & Baby Pilates 2:00 - 3:00 pm		

See page 7 for specialty programs

PRESCHOOL

Preschool Parent Participation Programs

The following are adult participation programs. Younger preschoolers come to the class with a parent or caregiver, who join in the good times as well. Small babies are also welcome (under 9 months by the end of the session). Please indicate the baby's name and birth date on their sibling's registration form.

No strollers permitted in program rooms.

Well Baby Drop-In (Newborn - 3 months with Adult)

Drop in, have your baby weighed, and discuss a variety of infant issues with your local public health nurse.



Program	Day	Time	Start	Finish	Cost
Well Baby Drop-In	Thurs	1:30 - 3:00 pm	Sept 1	Dec 15	Free!

Little One's Playtime (12 months - 2^{1/2} years with Adult)

In this playgroup, toddlers and adults share an enjoyable time together. Children meet others their own age and learn through play. Highlights include free play, art activities, songs and stories. A snack is provided.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Little One's Playtime	1501	Wed	9:15 - 11:15 am	Sept 21	Nov 30	11 wks	\$94

Terrific 2 B 2 (2 years with Adult)

This is a special time for your terrific two-years-old. Let your child enjoy a morning of fun and activity through cooperative games, circle time, art activities and messy play. A snack is provided. Parents are encouraged to participate. It's great fun for all.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Terrific 2 B 2	1503	Tues	9:15 - 11:15 am	Sept 20	Nov 29	11 wks	\$94

Tiny Tumblers (2 - 3 years with Adult)

Come experience the fun of gymnastics with your little one on Saturday mornings. This great new program takes place in the gym, where children are able to test new skills with the use of gymnastics equipment and tips from our instructor. Parents join in the fun and assist their youngster in accomplishing new milestones.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Tiny Tumblers	1504	Sat	9:00 - 10:00 am	Sept 24	Dec 3	10 wks	\$48

No class Saturday, October 8 (Thanksgiving Weekend)

Tots of Fun (2 - 3^{1/2} years with Adult)

This busy program is a real pleaser for energetic preschoolers. The diverse, fun-filled program offers such activities as free play, art, songs and stories. Then it's time for games, parachute play, movement activities and much more. A snack is provided.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Tots Of Fun	1505	Fri	9:15 - 11:15 am	Sept 23	Dec 2	11 wks	\$94

Mom & Baby Pilates

This class will combine segments of cardiovascular and muscular training as well as a core conditioning component. This is a great way to meet other Moms in the neighbourhood.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Mom & Baby Pilates	1637	Thurs	2:00 - 3:00 pm	Sept 22	Dec 1	11 wks	\$84

PRESCHOOL

Preschool Parent Participation Programs

Floor Hockey (4 -5 years with Adult)

\$20

Join your youngster and help them learn new skills in a fun environment. Children will take over the gym for a fun morning of drills and games with their parents. Our instructor gets the ball rolling with a great introduction to Canada's favorite game by using fun exercises to ensure their first hockey experience is a positive one.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Floor Hockey	1514	Sat	9:00 - 10:00 am	Sep 24	Oct 22	5 wks	\$20
Floor Hockey	1688	Sat	9:00 - 10:00 am	Oct 29	Nov 26	5 wks	\$20

*No class Saturday, October 8 (Thanksgiving Weekend)
Children need running shoes for this program.*

Gymnasium FOR RENT

We have a well equipped gymnasium available to rent for sports activities, located right in your neighbourhood, and at affordable prices.
(Limited space available)

**Call us for details
613-580-2424 ext. 32656**



We regret the inconvenience but due to the volume on Registration nights, we will not be able to accommodate the use of the Visa, Mastercard, or Debit cards.

Preschool 3 to 5 years of age

Drop-off Programs: Parents are welcome to wait in our lobby area during program time. Participants should meet age requirements before the half-way mark of the program. Please include any health considerations, such as allergies, on your child's registration form, and feel free to let us know if you have any concerns or comments throughout the session. **Children must be toilet trained.**

Free 2 B 3 (3 year olds)

This program is designed for 3 year-olds who have never been in a drop-off program. The children will be introduced to songs, stories, crafts, parachute play and much, much more.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Free 2 B 3	1511	Mon	9:15 - 11:15 am	Sept 19	Nov 28	10 wks	\$96

No class on Monday, October 10 (Thanksgiving)

Kids Crazy Combo (3 - 5 years)

For those who like a variety of fun filled activities, we bring you Kids Crazy Combo. Each week children will participate in a wide range of activities including games, crafts, puppets, stories and much more!

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Kids Crazy Combo	1506	Wed	9:15 - 11:15 am	Sept 21	Nov 30	11 wks	\$105

Crafty Athletes (3 - 5 years)

This favourite program combines creativity with exercise. Crafty Athletes encourages preschoolers to explore art activities and enjoy free play with friends. The group then gets active with energetic games. A snack is provided.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Crafty Athletes	1507	Tues	12:45 - 2:45 pm	Sept 20	Nov 29	11 wks	\$105

Fit`N Fun (3 - 5 years)

Fit`N Fun is a great gym program just for 3 to 5 year-olds! Children run, throw, catch and jump as they participate in a wide variety of activities. In addition to learning these building blocks of sport, they are introduced to some basic gymnastic skills such as tumbling, balancing and stretching. The class ends with relaxation exercises and quiet activities making them ready for naptime. A snack is not provided.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Fit`N Fun	1508	Wed	1:00 - 2:30 pm	Sept 21	Nov 30	11 wks	\$88

Note: This is a drop-off program; parents are welcome to wait in our lobby area.

Children need running shoes for this program.

Mini Sports & Game Stars (3 - 5 years)

Children will learn new skills as they discover the ins and outs of a variety of sports. On top of that, the children will also have a chance to learn teamwork by playing cooperative games. A snack is not provided.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Mini Sports & Game Stars	1509	Thur	1:00 - 2:30 pm	Sept 22	Dec 1	11 wks	\$88

Note: This is a drop-off program; parents are welcome to wait in our lobby area.

Children need running shoes for this program.

Junior Gymnastics (3 - 5 years)

\$20

This favorite program is a great introduction to gymnastics. Children will learn developmentally appropriate gymnastic skills while using a variety of equipment in a safe environment. Our instructors make this program great by introducing gross motor skills in a fun way.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Junior Gymnastics	1510	Mon	1:00 - 2:30 pm	Sept 19	Oct 24	5 wks	\$20
Junior Gymnastics	1689	Mon	1:00 - 2:30 pm	Oct 31	Nov 28	5 wks	\$20

No class on Monday, October 10 (Thanksgiving)

Preschool 3 to 5 years of age

Games Galore (3-5 years)

\$20

Learn new group games and get introduced to new sports each week in this new gym program. Classes begin with a stretching period where children loosen up before jumping into active games. After some time of playing mini games, children are introduced to a new sport by learning some of the basic skills and playing games based upon that sport.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Game Galore	1512	Thurs	9:15 - 10:15 am	Sept 22	Oct 20	5 wks	\$20
Game Galore	1690	Thurs	9:15 - 10:15 am	Oct 27	Nov 24	5 wks	\$20

Treats and Feats (3-5 years)

Food and footwork is what this new program is all about! Children bake delicious munchies to take home before burning off all their steam in the gym with active games. We begin in the kitchen where children learn new culinary skills before being introduced to gross motor activities. The program ends with a few minute wind-down before they are sent home with their goodies.

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Treats and Feats	1513	Tues	9:15 - 10:15 am	Sept 20	Nov 29	11 wks	\$75

E² = Exciting Experiments (3-5 years)

Discover science in a fun way and learn about the world around you. Each week we will attempt many new experiments in a hands-on way in order to build a keen interest in science. Get ready to be amazed!

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Exciting Experiments	1564	Thur	9:15 - 11:15 am	Sept 22	Dec 1	11 wks	\$105

Busy Buddies (3-5 years)

Children take over the preschool room for fun games, art and many other activities, all designed to use up that weekend energy in a productive way. Start your weekend off right with Busy Buddies!

Program	Reg. #	Day	Time	Start	Finish	Length	Cost
Busy Buddies	1685	Sat	9:30 - 11:30 am	Sept 24	Dec 3	10 wks	\$86

No class Saturday, October 8 (Thanksgiving Weekend), October 22 (Halloween Party set up)

Preschool Dance Programs see page 31

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Help us reduce the risk!

We have children with life-threatening allergies.

Please help us by not bringing peanuts or peanut products.

Preschool Specialty Programs

(Ages 3 - 5)

Christmas Decorations

Get your tree ready by creating great new decorations. Make long lasting ornaments that can be used year after year.

Tuesday, December 6
12:45 - 2:45 pm
\$25 (includes supplies)
Reg # 1515



Gingerbread Cottages

Come in my pretties and build your own gingerbread cottage with sweets, candies and a generous amount of imagination.

Thursday, December 8
12:45 - 2:45 pm
\$25 (includes supplies)
Reg # 1516

Sugar & Spice & All Things Nice

Come spend a delicious morning with Mary baking yummy Christmas cookies and other tasty treats that you can share with your parents and siblings.

Tuesday, December 13
9:15 - 11:15 am
\$25 (includes supplies)
Reg # 1517

